



# Get virtual care and explore your benefits all in one place

The Accolade web portal and mobile app make it easy to:

Speak to an online doctor or therapist – anytime, anywhere

Explore your employee benefits

Send a message to your Care Team

## Activate your Accolade account today!

Download the Accolade mobile app

- Find us in the [App Store](#) or [Google Play](#)
- Text **ACCD** to 67793\* to get a download code, or
- Scan the QR code



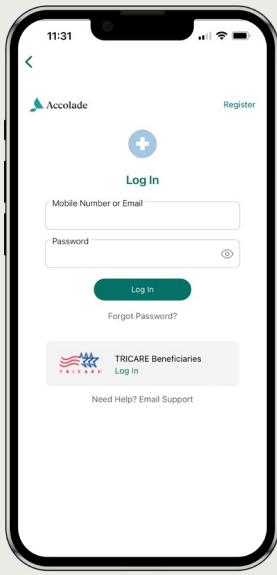
GET IT ON

Google Play

Download on the

App Store

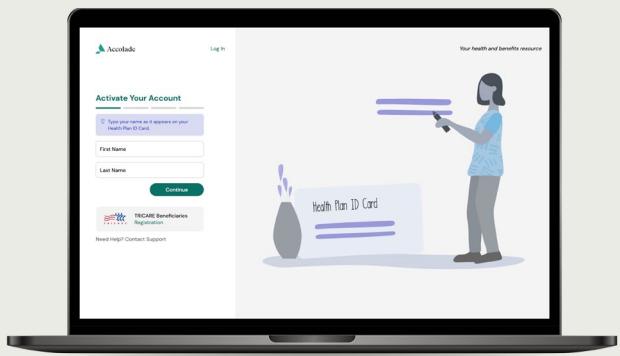
\*Message and data rates may apply.  
Please visit [accolade.com](#) for privacy policy.



or

Visit [member.accolade.com](http://member.accolade.com)

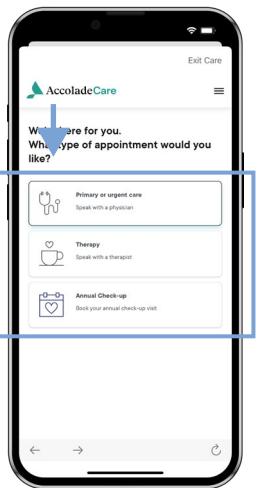
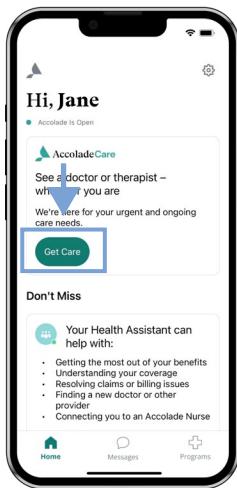
on your computer



To activate your account, you'll be asked to enter required information such as your **name, birth date and last four digits of your of SSN**.

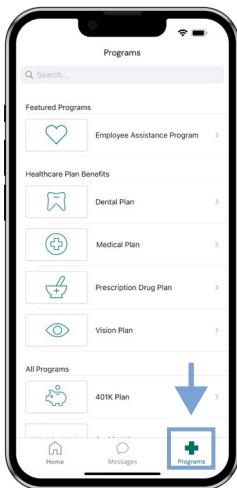
If you are an existing Accolade app user, make sure to update your app to the latest version.

# Don't miss out on your benefits!



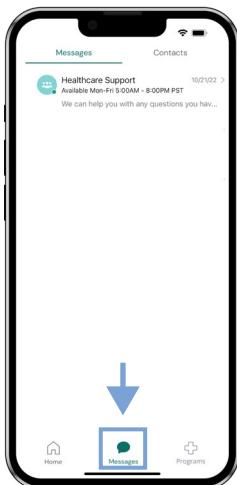
## See an Online Doctor or Therapist with Accolade Care

Select the “Get Care” button on the Accolade Care tile at the top of your dashboard. Then make an appointment with an online doctor or therapist. You can also message your Care Team whenever you have a question, or give us a call at 866-518-1774.



## Explore Your Employee Benefits

Select the “Programs” tab to learn more about each of your benefits.



## Message Your Care Team

Select the “Messages” tab to send a secure and confidential message to your Care Team to get help with finding care, understanding coverage and costs, learning about your benefits and more.

Get the care you need and make the most of your benefits with Accolade.

[member.accolade.com](http://member.accolade.com)



CALL 911 IF YOU ARE HAVING A MEDICAL EMERGENCY. Accolade and its affiliates (“Accolade”) are not an emergency medical service. Accolade provides a personalized healthcare information service to support you to better understand and utilize your benefits, receive information from expert medical resources, and facilitate your access to medical care from various healthcare professionals, including virtual medical care services. Virtual medical care services offered by Accolade are provided through independent professional medical practices, including under the Accolade Care brand, to which Accolade provides various platform and related services. ©2023 Accolade Inc. All rights reserved. All product names, logos and brands are the property of their respective owners. 23-031