

# 3 Ways to Lower Your Drug Costs

One out of every four adults taking a prescription finds it difficult to afford their medication. Even if you don't have difficulty paying for a drug, it's always nice to have a little extra money in your pocket.

**Here are a few strategies to help you save on your prescriptions:**

## 1. Explore your Pharmacy Benefit

The Navitus member portal and mobile app are easy ways to help you make the most of your pharmacy benefit. Once you are registered, you can:

- Check prices at your network pharmacies
- View your member ID card
- Access your medication history

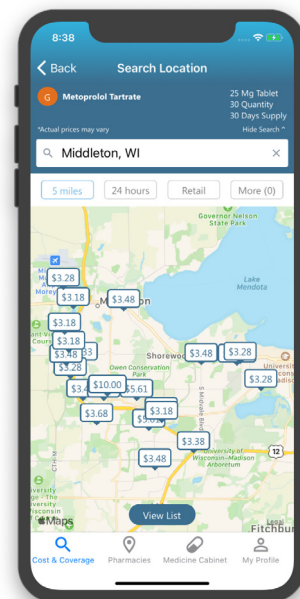
Go to [navitus.com/members](https://navitus.com/members) to register for the portal. You can also download the mobile app<sup>1</sup> for access on the go.

## 2. Consider a Less Expensive Generic

Did you know that brand name drugs can be more than 20X more expensive than the generic equivalent? Generics are just as effective as brand-name drugs, have the same active ingredients and go through the same rigorous U.S. Food and Drug Administration (FDA) testing. If you are taking a brand drug, ask your provider if a generic is appropriate.

## 3. Take Advantage of Convenient 90-Day Refills

Ask your prescriber if your maintenance medication can be filled every 90 days instead of every 30 days. Not only will you make fewer trips to the pharmacy, in many cases, you will save money, too. Typically, 90-day refills can be filled either at your retail pharmacy or by mail order.<sup>2</sup> Check your plan details on Navitus' member portal or your plan's website.



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App Store

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1. The mobile app, and individual features of the app, may not be available for all benefit plans managed by Navitus, or for every member of each plan. Please refer to your plan for more information. Mobile app registration is simple and secure and may require your member ID. The app is available to iOS and Android users. You must be 18 years or older and currently covered under Navitus' pharmacy benefit plan. Hover your phone's camera over the code to download the app. For help registering, contact Customer Care: 844-268-9789. Open 24 hours a day, 7 days a week.

2. Please refer to your plan description to see if a mail order program is available to you.

\* This QR code may identify your IP/device information. However, your personal and health information is strictly confidential and will not be captured.